

Interested in an MV Award?

The MV Awards provide young volunteers between the ages of 16-25 with the opportunity to gain highly regarded, nationally recognised certification for their voluntary work.

The awards are free, very simple to administer and look great on your CV. They are a great way for you to receive recognition for your volunteering achievement.



Who can be awarded?

The awards are open to all young people aged 16-25 living in Scotland, volunteering as individuals or as part of a group.

How do they work?

Certificates are presented when volunteers have completed 50, 100 and 200 hours of voluntary service. All certificates are signed by MSPs and the 200 hour Award of Excellence is signed by the First Minister.

You may volunteer for more than one organisation and all of your hours can be counted towards your award. Time spent engaging in training for voluntary work, support & supervision and some travel can also count.

New and current volunteers can be awarded. See how the awards work with our flowcharts [here](#) (MV FLOWCHART)

How do I register?

Step 1

Complete an MV Volunteer Registration form and send it to Tina Cameron, Youth Development Officer, Volunteer Centre Borders, using this form [MV Volunteer Registration Form](#) ([completion notes](#))

If you volunteer for more than one organisation list all of these Organisations on the Additional Organisation form and attach to your registration form. [MV Additional Organisations Form](#)

You will receive confirmation of your registration from Volunteer Centre Borders.

Step 2

Once you have registered all you need to do is record the number of the hours you volunteer on this timesheet [MV Volunteer Timesheet](#) ([completion notes](#))

Once the target hours (50, 100 and 200) have been reached contact the Volunteer Centre for processing. If you have been volunteering for some time you can backdate your hours for up to 2 years.

Step 3

If you chose to do so, MV also provides a valuable opportunity for you to chart your personal development through a volunteering experience. If you would like to keep a record of what you hope to achieve, review what you have done and chart your progress in achieving your goals. The forms are available below.

[Personal Plan](#) ([completion notes](#))

[Distance Travelled](#) ([completion notes](#))

[Personal Profile](#) ([completion notes](#))

How do I request a certificate?

As soon as you have completed the required amount of hours you can request a certificate using the form below, this form must be completed by an organisation that you volunteer with [MV Certificate Request Form](#) ([completion notes](#))

Who do I Contact?

For more information about the scheme and returning completed forms please contact Catriona (Tina) Cameron c.cameron@vcborders.org.uk, 0845 602 3921.

In my own words.....

If you are a young volunteer and would like to share your volunteering experience please tell us about it by completing the form below.

[...In my own words...](#)



On the left is a picture of some young people receiving their [MV Awards](#) at Coldstream Youth Centre

click on picture to enlarge